Lunch Menu

Camp Gan Israel Southampton 2014

Monday	Tuesday	Wednesday	Thursday	Friday
California & Vegetable Sushi Rice Hard-boiled eggs Dr. Pragers baked Fish sticks Fresh cut up veggies	Homemade whole-wheat pizza Caesar salad Roasted broccoli	Bring your own Sandwich day! Please send in a dairy or parve sandwich with your child as well as a drink.	BBQ DAY! Hot dogs Grilled chicken Corn on the cob Grilled veggies Pickles	Whole wheat pasta with vegetable marinara sauce Steamed broccoli Cottage cheese Baby greens